



<b>TITLE</b>	<b>FOOD of LOVE</b>
<b>AUTHOR</b>	Sylvia Vetta
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<b>FORMAT</b>	148x210mm
<b>EXTENT</b>	258
<b>BINDING</b>	Paperback, eBook
<b>DISTRIBUTOR</b>	Gazelle Books
<b>RIGHTS</b>	Global
<b>TARGET MARKET</b>	memoir, mixed race, social change, post WWII

## ABOUT the BOOK

Boomer Britain is transforming. Ethnic diversity, social mobility and only the remnants of empire – throw in a female PM and it’s a nation reinventing itself. Sylvia Vetta’s life mirrors this maelstrom. Seasoned with facts, stirred with love, sprinkled with insight, hers is the story of a life lived in the cauldron of change, for women, for the working class and for people of colour. But with recipes.

A joy to read. **Sudeep Sen**, editor *HarperCollins Book of Poetry*

Lively and delicious. **Yasmin Alibhai-Brown**, journalist

An astonishing life story. **Prof Rana Mitter**, Oxford University

A life steered by passion, integrity and courage. **Prof Jane Spiro**, Oxford Brookes University

Amusing and entertaining. **Diana Bell**, artist

Touching, inspiring and approachable. **Dr Flair Donglai Shi**, Shanghai Jiaotong University

## ABOUT the AUTHOR

Sylvia was the only girl in her estate in Luton to pass the 11+ and access higher education. She married Indian-born academic Atam Vetta, when mixed relationships were viewed with hostility. After teaching, she went into business in Oxford (1983) and discovered women were barred from networking opportunities.

Sylvia wants to tell the untold story of white women like her who married men of colour – when that was both rare and hard. At a time of partisan hostility on public platforms leading to a lack of trust, she hopes her perspective can add a spoonful of kindness.

